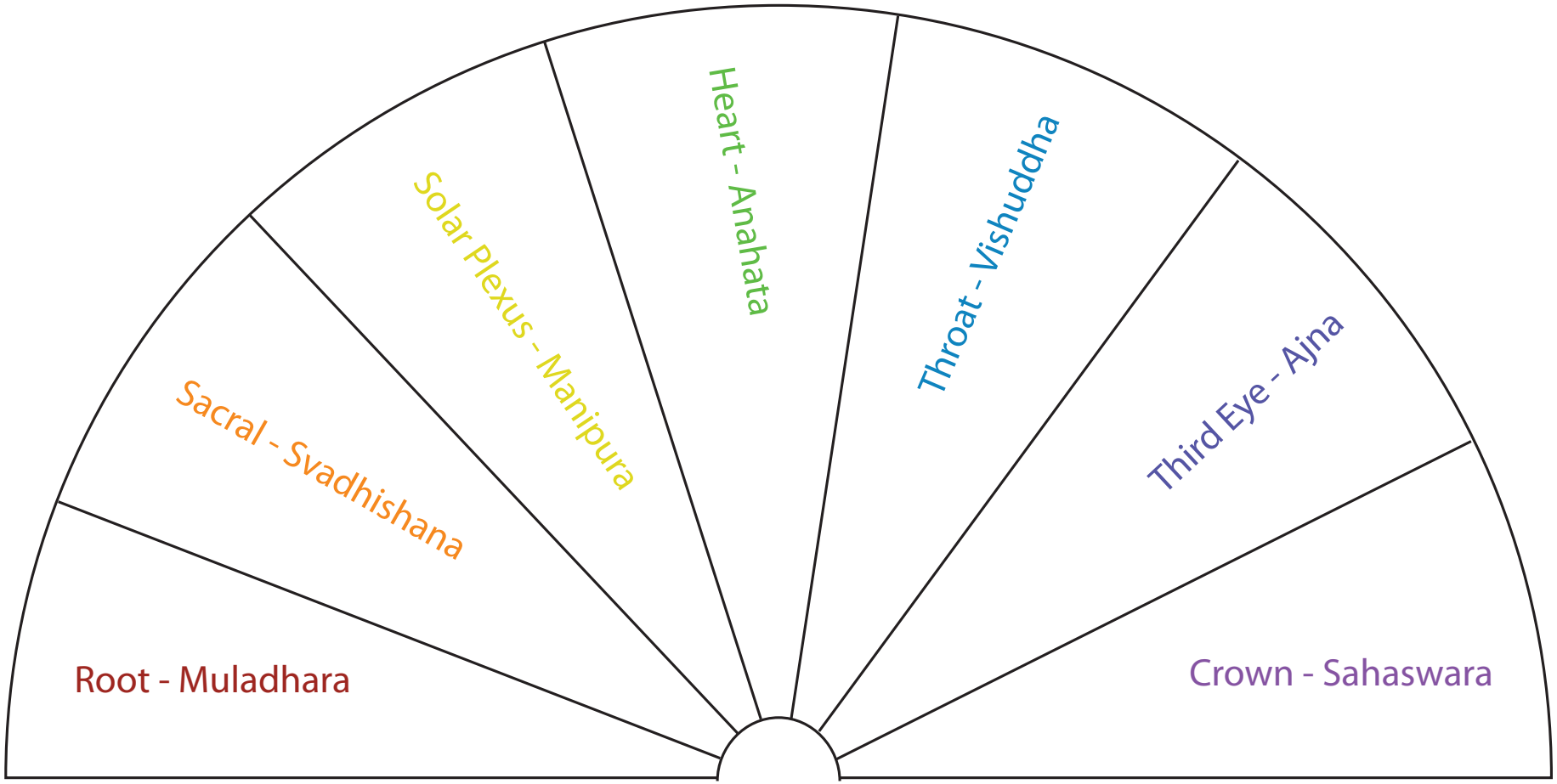
Root - Muladhara
Sacral - Svadhishana
Solar Plexus - Manipura
Heart - Anahata
Throat - Vishuddha
Third Eye - Ajna
Crown - Sahaswara